

Audio Recordings From Breast Cancer Options Conference**Bard College - April 30, 2006**

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| K-1. | What You Can Do to Prevent Breast Cancer or Improve the Results if You Have It | Michael Schachter, MD |
| WS-1. | Complementary, Alternative and Integrative Approaches to Managing Breast Cancer | Michael Schachter, MD |
| WS-2. | Syndrome X - Overcoming a Common Risk Factor with Diet | Roufia Payman, DT, CDN |
| WS-3. | Transforming Cancer Treatment with Imagery | Carol Robin, DC, CCN |
| WS-4. | Understanding the Role of Hormones and the Endocrine System in Breast Cancer | Tom Francescotti, ND |
| WS-5. | Detoxification & Health: Tools to Lower Environmental Toxins | Richard Horowitz, MD |
| WS-6. | Balancing & Enhancing the Immune System | James Belanger, ND, MT |
| WS-7. | Meditation & The Immune System | Carol Robin, DC, CCN |
| WS-8. | Nutrition and Cancer | Roufia Payman, DT, CDN |
| WS-9. | Environmental Risks and Breast Cancer | Janet Gray, PhD |

Audio Recordings From Previous Breast Cancer Options Conferences:**2005**

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| K-1. | Breast Cancer Therapy:
A Rationale for the Use of Antioxidants as an Adjunct to Treatment | Peter Fallon, PharmBS |
| L-1. | Individualized Breast Cancer Treatment-The Oncotype DX Test | Deborah Axelrod, MD |
| L-2. | New Technologies for Comprehensive Imaging
Latest Advances in MRI Detection of Breast Cancer | Susan Connors, MD |
| WS-1. | Vitamins & Herbs During Breast Cancer Therapy | Peter Fallon, PharmBS |
| WS-2. | What to Eat & Why | Carol Hornig, CNS, CEDS |
| WS-3. | The Body in Balance: Tools for Detoxification & Hormone Balance | Carolyn Dean, M.D., N.D. |
| WS-4. | Dealing with Side Effects: Chemo/Radiation | Dr. Tom Francescotti, N.D. |
| WS-5. | Monitoring & Manipulating the Immune System with Naturopathic Medicines | Dr. James Belanger |
| P-1. | Closing Panel | Nemiroff, Devereux & others |

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| L-1. | New Horizons in Breast Cancer: Breast Cancer Pesticide Study | Sheldon Feldman, MD |
| L-2. | Environmental Pollution: Women's Health & Breast Cancer
Practical Solutions for the Consumer | Mitchell Gaynor, MD |

2003

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| K-1. | The New Sisterhood of Breast Cancer: Every Woman Belongs | Dr. Devra Davis |
| L-1. | Nutrients & Herbs to Improve Health and Decrease Drug toxicity | Amy Salerno |
| L-3. | The New Sisterhood of Breast Cancer: Better Safe than Sorry | Dr. Devra Davis |
| L-4. | After Breast Cancer, Answers to the Questions You're Afraid to Ask | Musa Mayer |
| L-5. | A Look at Uncommon Cancer Therapies | Kurt Greenberg |
| L-7. | What to Eat and Why | Hornig & Robin |
| L-8. | Journalling | Marta Szabo |

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| L-1. | Conventional & Complementary Cancer Options | Pat McGrady |
| L-2. | How to Integrate Complementary Medicine into Treatment | Mitchell Gaynor, MD |
| L-5. | Food as Medicine | Carol Hornig, CNS, CEDS |
| L-6. | Meditation and Imagery in Cancer | Mitchell Gaynor, MD |
| L-7. | Chinese Medicine | George Wong, Ph.D. |
| L-8. | Nutritional Supplements for Cancer | Kurt Greenberg |